Oral cancer

1993-2021

(ICD10 codes: C00-C14)



Northern Ireland Cancer Registry, 2024

An official statistics publication

ABOUT THIS REPORT

Contents

This report includes information on incidence of oral cancer as recorded by the Northern Ireland Cancer Registry (NICR). Incidence data is available annually from 1993 to 2021, however in order to provide stable and robust figures the majority of information presented in this report is based upon the average number of cases diagnosed in the last five years.

<u>Methodology</u>

The methodology used in producing the statistics presented in this report, including details of data sources, classifications and coding are available in the accompanying methodology report available at: www.qub.ac.uk/research-centres/nicr/CancerInformation/official-statistics.

Official statistics

The incidence, prevalence and survival statistics in this publication are designated as official statistics signifying that they comply with the Code of Practice for Official Statistics. Further information on this code is available at code.statisticsauthority.gov.uk.

Cancer mortality data

The NI Statistics and Research Agency (NISRA) is the official statistics provider of cancer mortality data in Northern Ireland. However, for completeness, data on cancer mortality is also provided in this report. While analysis is conducted by NICR staff, the original data is provided courtesy of the General Register Office (NI) via the Department of Health.

Reuse of information

The information in this report (and any supplementary material) is available for reuse free of charge and without the need to contact NICR. However, we request that NICR is acknowledged as the source of any reused information. The following reference is recommended:

Northern Ireland Cancer Registry 2024. Oral cancer: 1993-2021. Available at: www.qub.ac.uk/researchcentres/nicr

Further information

Further information is available at: www.qub.ac.uk/research-centres/nicr **Phone:** +44 (0)28 9097 6028 **e-mail:** nicr@qub.ac.uk

Acknowledgements

The Northern Ireland Cancer Registry (NICR) uses data provided by patients and collected by the health service as part of their care and support.

NICR is funded by the Public Health Agency and is based in Queen's University, Belfast.

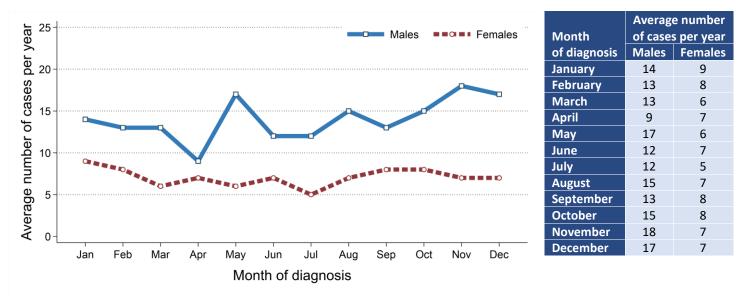




INCIDENCE

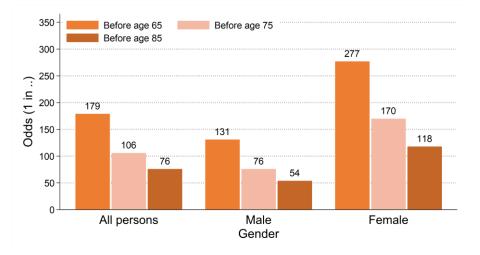
- There were 1,268 cases of oral cancer diagnosed during 2017-2021 in Northern Ireland. On average this was 254 cases per year.
- During this period 33.9% of oral cancer cases were among women (Male cases: 838, Female cases: 430). On average there were 168 male and 86 female cases of oral cancer per year.
- The most common diagnosis month during 2017-2021 was November among males with 18 cases per year and January among females with 9 cases per year.

Figure 1: Average number of cases of oral cancer per year in 2017-2021 by month of diagnosis



- Oral cancer made up 3.3% of all male and 1.7% of all female cancer cases (excluding non-melanoma skin cancer).
- The oral cancer incidence rates for each gender were 18.0 cases per 100,000 males and 9.0 cases per 100,000 females.
- The odds of developing oral cancer before age 85 was 1 in 54 for men and 1 in 118 for women.

Figure 2: Odds of developing oral cancer in 2017-2021



INCIDENCE BY AGE

- The median age of patients diagnosed with oral cancer during 2017-2021 was 64 years (Males: 63, Females: 64).
- The risk of developing oral cancer varied by age, with 18.4% of men and 26.0% of women diagnosed with oral cancer aged 75 and over at diagnosis.
- In contrast, 20.7% of patients diagnosed with oral cancer were aged 0 to 54 at diagnosis.

Figure 3: Average number of cases of oral cancer diagnosed per year in 2017-2021 by age at diagnosis

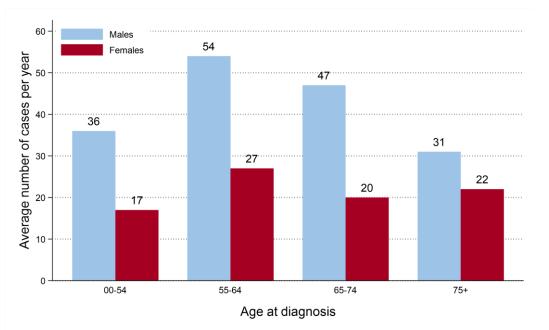
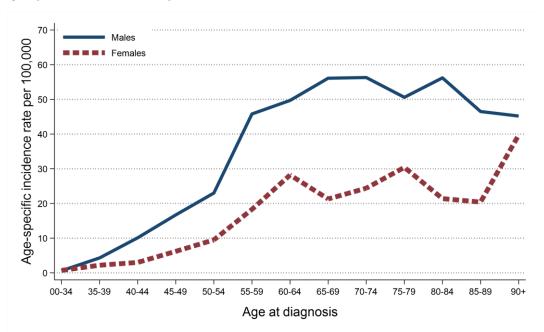


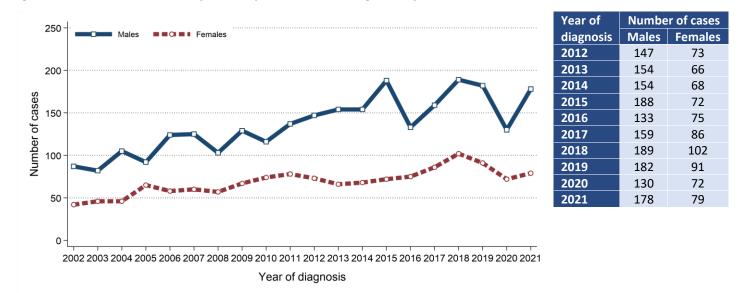
Figure 4: Age-specific incidence rates of oral cancer in 2017-2021



INCIDENCE TRENDS

- The number of cases of oral cancer among males increased between 2012-2016 and 2017-2021 by 8.0% from 776 cases (155 cases per year) to 838 cases (168 cases per year).
- The number of cases of oral cancer among females increased between 2012-2016 and 2017-2021 by 21.5% from 354 cases (71 cases per year) to 430 cases (86 cases per year).

Figure 5: Trends in number of cases of oral cancer diagnosed from 2002 to 2021



- Male age-standardised oral cancer incidence rates decreased between 2012-2016 and 2017-2021 by 2.4% from 21.0 to 20.5 cases per 100,000 males. This change was not statistically significant.
- Female age-standardised oral cancer incidence rates increased between 2012-2016 and 2017-2021 by 13.1% from 8.4 to 9.5 cases per 100,000 females. This change was not statistically significant.

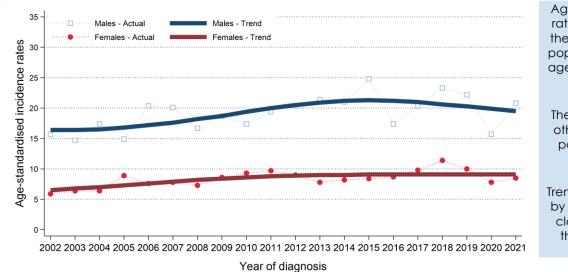


Figure 6: Trends in incidence rates of oral cancer from 2002 to 2021

Age-standardised incidence rates illustrate the change in the number of cases within a population of a fixed size and age structure (2013 European Standard).

They thus represent changes other than those caused by population growth and/or ageing.

Trends can also be influenced by changes in how cancer is classified and coded. (e.g. the move from ICD-0-2 to ICD-0-3 in 2019).

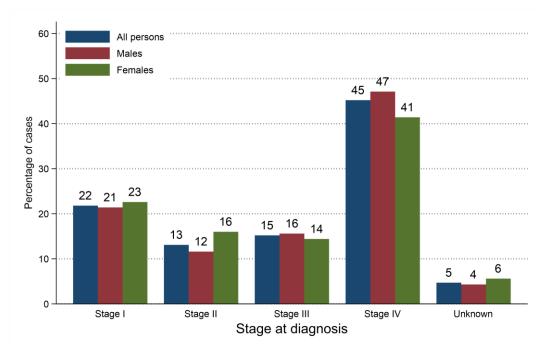
INCIDENCE BY STAGE AT DIAGNOSIS

- During 2017-2021 95.3% of oral cancer cases had a stage assigned.
- 21.8% of oral cancer cases were diagnosed at Stage I. (22.8% of staged cases)
- 45.2% of oral cancer cases were diagnosed at Stage IV. (47.4% of staged cases)

Table 1: Number of cases of oral cancer diagnosed in 2017-2021 by stage at diagnosis

	All persons		Ma	ale	Female	
Stage at diagnosis	Total cases in cases per period year		Total cases in period	Average cases per year	Total cases in period	Average cases per year
All stages	1,268	254	838	168	430	86
Stage I	276	55	179	36	97	19
Stage II	166	33	97	19	69	14
Stage III	193	39	131	26	62	12
Stage IV	573	115	395	79	178	36
Unknown	60	12	36	7	24	5

Figure 7: Proportion of cases of oral cancer diagnosed in 2017-2021 by stage at diagnosis



Cancer stage describes the size of a cancer and how far it has grown and spread.

This information is used to help decide what treatments are needed.

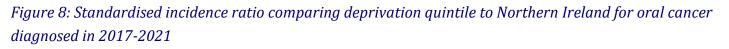
The classification used here to stage cancer is the TNM classification (Version 7 prior to 2019, Version 8 from 2019 onwards).

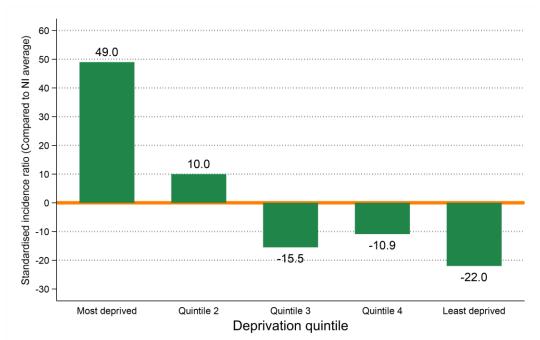
INCIDENCE BY DEPRIVATION

- The number of cases of oral cancer diagnosed during 2017-2021 varied in each deprivation quintile due to variations in population size and age.
- After accounting for these factors, incidence rates:
- in the most socio-economically deprived areas were 49.0% higher than the NI average.
- in the least socio-economically deprived areas were 22.0% lower than the NI average.

Table 2: Number of cases of oral cancer diagnosed in 2017-2021 by deprivation quintile

	All persons		Male		Female	
Deprivation quintile	Total cases in period	Average cases per year	Total cases in period	Average cases per year	Total cases in period	Average cases per year
Northern Ireland	1,268	254	838	168	430	86
Most deprived	316	63	223	45	93	19
Quintile 2	279	56	187	37	92	18
Quintile 3	225	45	134	27	91	18
Quintile 4	241	48	153	31	88	18
Least deprived	207	41	141	28	66	13
Unknown	0	0	0	0	0	0





Standardised incidence ratios compare incidence rates in each deprivation quintile with the Northern Ireland incidence rate.

A value above 0 means that incidence rates in that deprivation quintile are greater than the NI average.

This measure takes account of population size and age structure. Differences are thus not a result of these factors.

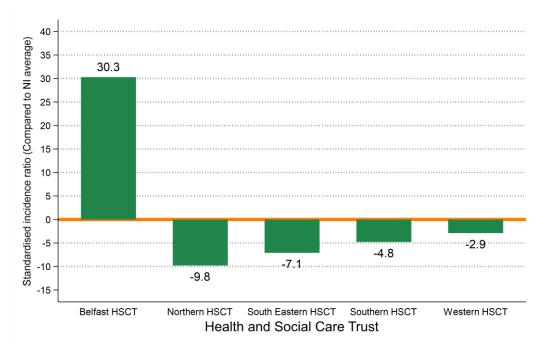
INCIDENCE BY HEALTH AND SOCIAL CARE TRUST

- The number of cases of oral cancer diagnosed during 2017-2021 varied in each Health and Social Care Trust due to variations in population size and age.
- After accounting for these factors, incidence rates:
- in Belfast HSCT were 30.3% higher than the NI average.
- in Northern HSCT did not vary significantly from the NI average.
- in South Eastern HSCT did not vary significantly from the NI average.
- in Southern HSCT did not vary significantly from the NI average.
- in Western HSCT did not vary significantly from the NI average.

Table 3: Number of cases of oral cancer diagnosed in 2017-2021 by Health and Social Care Trust

	All persons		Male		Female	
Health and Social Care Trust	Total cases in period	Average cases per year	Total cases in period	Average cases per year	Total cases in period	Average cases per year
Northern Ireland	1,268	254	838	168	430	86
Belfast HSCT	296	59	206	41	90	18
Northern HSCT	302	60	196	39	106	21
South Eastern HSCT	245	49	144	29	101	20
Southern HSCT	230	46	158	32	72	14
Western HSCT	195	39	134	27	61	12
Unknown	0	0	0	0	0	0

Figure 9: Standardised incidence ratio comparing Health and Social Care Trust to Northern Ireland for oral cancer diagnosed in 2017-2021



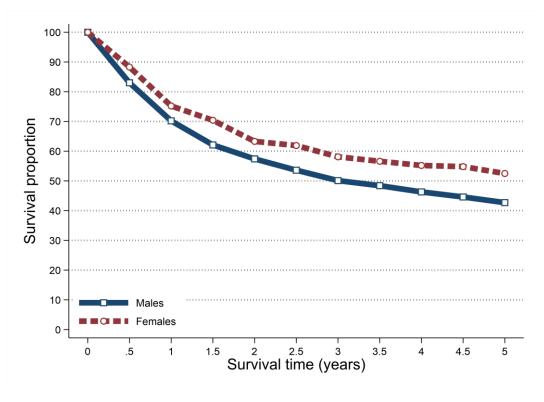
Survival

- 73.2% of patients were alive one year and 44.9% were alive five years from an oral cancer diagnosis in 2012 2016. (observed survival)
- Age-standardised net survival (ASNS), which removes the effect of deaths from causes unrelated to cancer, was 71.7% one year and 45.7% five years from an oral cancer diagnosis in 2012-2016.
- Five-year survival (ASNS) for oral cancer patients diagnosed in 2012-2016 was 42.7% among men and 52.5% among women.

Table 4: Survival from oral cancer for patients diagnosed in 2012-2016

	All persons		М	ale	Female	
Time since diagnosis	Observed survival	Age- standardised net survival	Observed survival	Age- standardised net survival	Observed survival	Age- standardised net survival
6 months	85.6%	84.6%	84.4%	83.0%	88.3%	88.3%
One year	73.2%	71.7%	72.3%	70.2%	75.2%	75.2%
Two years	59.9%	59.1%	58.7%	57.4%	62.6%	63.3%
Five years	44.9%	45.7%	42.5%	42.7%	50.3%	52.5%

Figure 10: Age-standardised net survival from oral cancer for patients diagnosed in 2012-2016



Observed survival examines the time between diagnosis and death from any cause, however, due to the inclusion of non-cancer deaths it may not fully reflect how changes in cancer care impact survival from cancer.

Age-standardised net survival provides an estimate of patient survival which has been adjusted to take account of deaths unrelated to cancer. It is more widely used to assess the impact of changes in cancer care on patient survival.

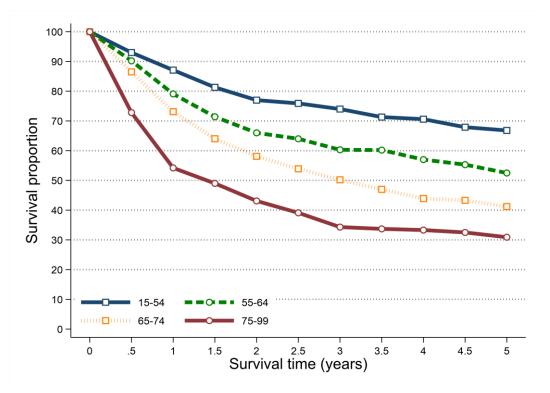
SURVIVAL BY AGE

- Survival from oral cancer among patients diagnosed during 2012-2016 was related to age with better fiveyear survival among younger age groups.
- Five-year net survival ranged from 66.8% among patients aged 15 to 54 at diagnosis to 30.9% among those aged 75 to 99.

	All pe	All persons			
Age group	One-year	Five-years			
15 to 54	87.1%	66.8%			
55 to 64	79.1%	52.5%			
65 to 74	73.1%	41.2%			
75 to 99	54.2%	30.9%			

Table 5: Net survival from oral cancer for patients diagnosed in 2012-2016 by age at diagnosis

Figure 11: Net survival from oral cancer for patients diagnosed in 2012-2016 by age at diagnosis

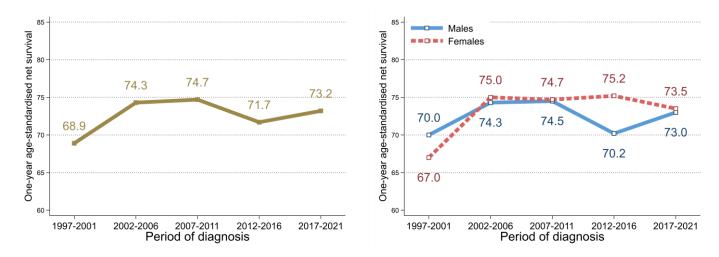


SURVIVAL TRENDS

ONE-YEAR NET SURVIVAL

- Between 2012-2016 and 2017-2021 there was no significant change in one-year survival (ASNS) from oral cancer.
- Compared to 1997-2001 one-year survival (ASNS) from oral cancer in 2017-2021 did not change significantly.

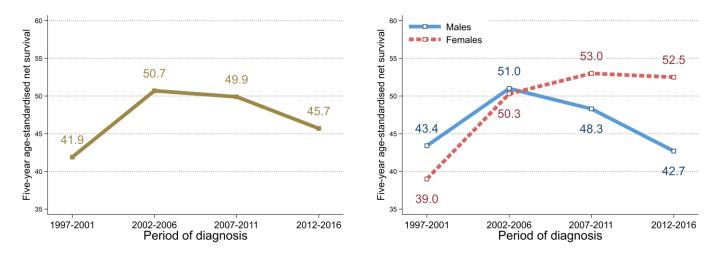




FIVE-YEAR NET SURVIVAL

- Between 2007-2011 and 2012-2016 there was no significant change in five-year survival (ASNS) from oral cancer.
- Compared to 1997-2001 five-year survival (ASNS) from oral cancer in 2012-2016 did not change significantly.

Figure 13: Trends in five-year age-standardised net survival from oral cancer in 1997-2016



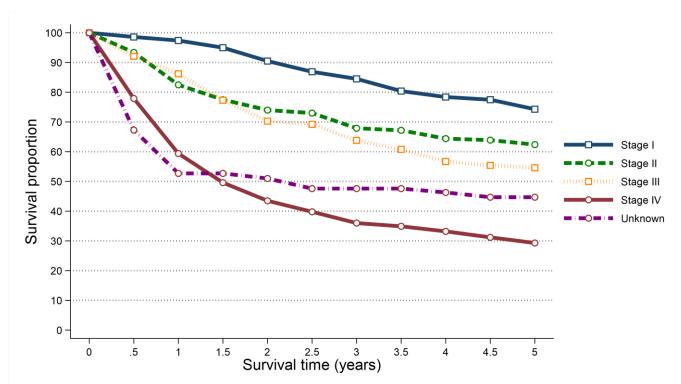
SURVIVAL BY STAGE

- Survival from oral cancer among patients diagnosed during 2012-2016 was strongly related to stage with better five-year survival among those diagnosed at earlier stages.
- Five-year survival (ASNS) ranged from 74.3% among patients diagnosed at Stage I to 29.3% among those diagnosed at Stage IV.

Table 6: Age-standardised net survival from oral cancer for patients diagnosed in 2012-2016 by stage at diagnosis

Store at diagnosis	All persons			
Stage at diagnosis	One-year	Five-years		
Stage I	97.4%	74.3%		
Stage II	82.5%	62.4%		
Stage III	86.2%	54.6%		
Stage IV	59.4%	29.3%		
Unknown	52.7%	44.7%		

Figure 14: Age-standardised net survival from oral cancer for patients diagnosed in 2012-2016 by stage at diagnosis



PREVALENCE

- At the end of 2021, there were 1,631 people (Males: 1,035; Females: 596) living with oral cancer who had been diagnosed with the disease during 1997-2021.
- Of these 12.8% had been diagnosed in the previous year (one-year prevalence) and 71.8% in the previous 10 years (ten-year prevalence).
- 22.3% of oral cancer survivors were aged 75 and over at the end of 2021.

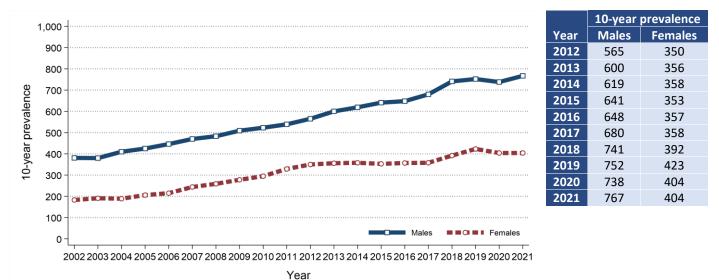
Table 7: 25-year prevalence of oral cancer by age at end of 2021

	Age at end of 2021	25-year prevalence	Time since diagnosis					
Gender			0 to 1 year	1 to 5 years	5 to 10 years	10 to 25 years		
All persons	All ages	1,631	209	558	404	460		
	0 to 74	1,267	161	459	327	320		
	75 and over	364	48	99	77	140		
Male	All ages	1,035	142	358	267	268		
	0 to 74	818	113	293	220	192		
	75 and over	217	29	65	47	76		
Female	All ages	596	67	200	137	192		
	0 to 74	449	48	166	107	128		
	75 and over	147	19	34	30	64		

PREVALENCE TRENDS

- 10-year prevalence of oral cancer among males increased between 2016 and 2021 by 18.4% from 648 survivors to 767 survivors.
- 10-year prevalence of oral cancer among females increased between 2016 and 2021 by 13.2% from 357 survivors to 404 survivors.

Figure 15: Trends in 10-year prevalence of oral cancer in 2002-2021



MORTALITY

- There were 518 deaths from oral cancer during 2017-2021 in Northern Ireland. On average this was 104 deaths per year.
- During this period 32.2% of oral cancer deaths were among women (Male deaths: 351, Female deaths: 167). On average there were 70 male and 33 female deaths from oral cancer per year.
- Oral cancer deaths made up 3.0% of all male cancer deaths and 1.6% of all female cancer deaths.
- The median age of patients who died from oral cancer during 2017-2021 was 69 years (Males: 68, Females: 70).
- The risk of dying from oral cancer varied by age, with 30.5% of men and 38.9% of women who died from oral cancer aged 75 and over at death.
- In contrast, 11.2% of patients who died from oral cancer were aged 0 to 54 at death.

Figure 16: Average number of deaths from oral cancer per year in 2017-2021 by age at death

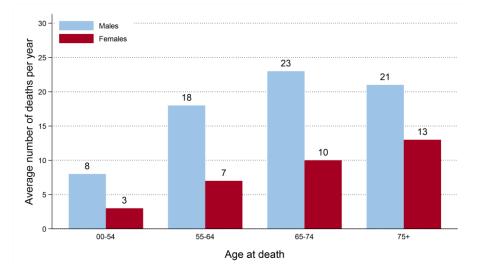
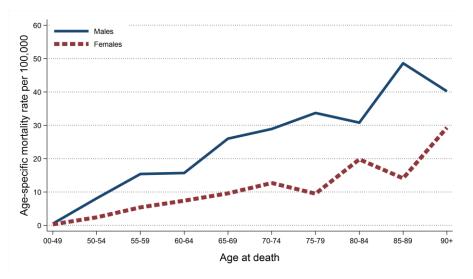


Figure 17: Age-specific mortality rates of oral cancer in 2017-2021



MORTALITY TRENDS

- The number of deaths from oral cancer among males increased between 2012-2016 and 2017-2021 by 9.3% from 321 deaths (64 deaths per year) to 351 deaths (70 deaths per year).
- The number of deaths from oral cancer among females increased between 2012-2016 and 2017-2021 by 41.5% from 118 deaths (24 deaths per year) to 167 deaths (33 deaths per year).

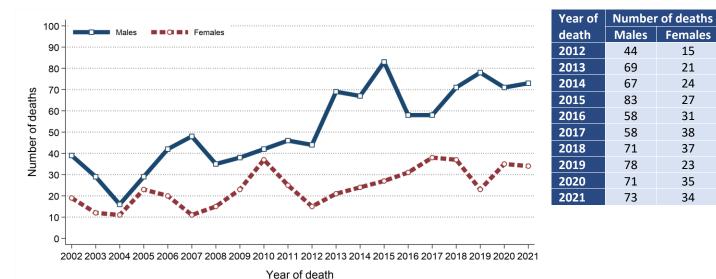


Figure 18: Trends in the number of deaths from oral cancer from 2002 to 2021

- Male age-standardised oral cancer mortality rates decreased between 2012-2016 and 2017-2021 by 1.1% from 9.1 to 9.0 deaths per 100,000 males. This change was not statistically significant.
- Female age-standardised oral cancer mortality rates increased between 2012-2016 and 2017-2021 by 32.1% from 2.8 to 3.7 deaths per 100,000 females. This change was not statistically significant.



Figure 19: Trends in mortality rates of oral cancer from 2002 to 2021

002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 202 Year of death

BACKGROUND NOTES

Cancer classification: Classification of tumour sites is carried out using ICD10 codes. For a listing and explanation of ICD10 codes see: World Health Organisation at http://apps.who.int/classifications/icd10/browse/2010/en#/II

Population data: Population data for Northern Ireland, and smaller geographic areas, are extracted from the NI mid-year population estimates available from the NI Statistics and Research Agency (available at www.nisra.gov.uk).

Geographic areas: Geographic areas are assigned based on a patient's postcode of usual residence at diagnosis using the Jan 2023 Central Postcode Directory (CPD) produced by the NI Statistics and Research Agency (available at www.nisra.gov.uk).

Deprivation quintiles: Super output areas (SOA) are assigned to each patient based on their postcode of usual residence at diagnosis. Using the SOA each patient is assigned a socio-economic deprivation quintile based on the 2017 Multiple Deprivation Measure. The 2017 Multiple Deprivation Measure is available from the NI Statistics and Research Agency (available at www.nisra.gov.uk).

Crude incidence/mortality rate: The number of cases/deaths per 100,000 person years in the population. Person years are the sum of the population over the number of years included.

Age-standardised incidence/mortality rates per 100,000 person years are estimates of the incidence/mortality rate if that population had a standard age structure. Throughout this report the 2013 European Standard Population has been used. Standardising to a common Standard Population allows comparisons of incidence/mortality rates to be made between different time periods and geographic areas while removing the effects of population change and ageing.

Standardised Incidence/Mortality Ratio (SIR/SMR) is the ratio of the number of cases/deaths observed in a population to the expected number of cases/deaths, based upon the age-specific rates in a reference population. This statistic is often used to compare incidence/mortality rates for geographic areas (e.g. Trusts) to the national incidence/mortality rates (i.e. Northern Ireland). An SIR/SMR of 100 indicates there is no difference between the geographic area and the national average.

Confidence intervals measure the precision of a statistic (e.g. oral cancer incidence rate). Typically, when numbers are low, precision is poorer and confidence intervals will be wider. As a general rule, when comparing statistics (e.g. oral cancer incidence rate in year 2012 vs year 2013), if the confidence interval around one statistic overlaps with the interval around another, it is unlikely that there is any real difference between the two. If there is no overlap, the difference is considered to be statistically significant.

Lifetime risk is estimated as the cumulative risk of getting cancer up to age 75/85, calculated directly from the agespecific incidence rates. The odds of developing the disease before age 75/85 is the inverse of the cumulative risk.

Prevalence is the number of cancer patients who are alive in the population on a specific date (31st December 2021 in this report). Since data from the NI Cancer Registry are only available since 1993, prevalence only refers to a fixed term (10 and 25 years in this report). There may be members of the population living with a diagnosis of cancer for more than 25 years.

Patient survival is evaluated using two measures. Observed survival examines the time between diagnosis and death from any cause. It thus represents what cancer patients experience, however, due to the inclusion of non-cancer deaths (e.g. heart disease), it may not reflect how changes in cancer care impact survival from cancer. Thus age-standardised net survival is also examined. This measure provides an estimate of patient survival which has been adjusted to take account of deaths unrelated to cancer. It also assumes a standard age distribution thereby removing the impact of changes in the age distribution of cancer patients on changes in survival over time. While this measure is hypothetical, as it assumes patients can only die from cancer related factors, it is a better indicator of the impact of changes in cancer care on patient survival.